



THE WEEKENDER PACKING LIST

for a Vibing Good Travel Weekend



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WEEKENDER PACKING LIST

Every time someone asks me what to pack, I have the same basic recommendations needed for every trip. Specific destinations may change items from colorful and vibrant in the Caribbean to darker black tones in New York to beiges and whites in California and Italy (although with no logos and prints). I recommend breathable wear everywhere and themed articles at places like theme parks, sporting events, and parks. For individual recommendations and questions, contact me.

Suitcase (preferably carryon):

- Toiletry Bag
- Two pairs of light weight pants
- Two pairs of shorts w/panty built-in
- One tank top
- Two tshirts
- One shirt
- Two pairs of underwear
- Three pairs of socks
- 1 pair of lounge pants
- 2 bras (1 sports bra)
- Comfortable pair of tennis shoes
- Very lightweight compact raincoat
- Open front sweater
- If Summertime:**
- Swimsuit
- Flip Flops
- Beach Wear Cover up
- Hat
- If Wintertime:**
- Gloves/Hat/Scarf
- Boots
- Thermo wear or hose



Toiletry Bag:

- Shampoo
- Conditioner
- Body Lotion
- Sunscreen
- Face Soap/Scrub
- Body Soap
- Facial night cream
- Make up
- Small comb/brush
- Hair ties and Hair pins
- Nail file
- Nail Clippers
- Tweezers
- Razor
- Qtips
- Mini enemas
- Poo Pourri



For updated information on TSA Regulations go to <https://www.tsa.gov/travel>

Some of these items you will be wearing so you will not be packing all of these items. For a list of items to pack in your carryon backpack, see my Backpack Carryon List.